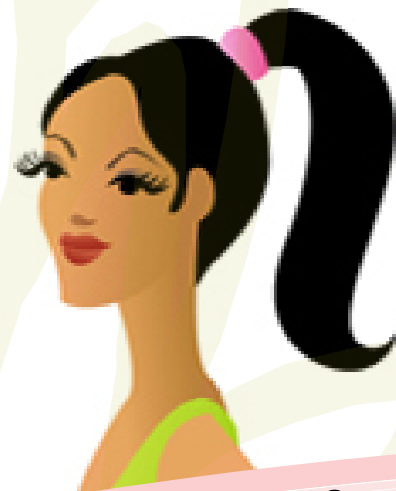


Groups for Girls

and Parents

Bullies, Bees, and Boys



Empowering girls to live productive, responsible and respectful lives without getting stung or stinging those around them.

Bullies, Bees, and Boys

addresses difficult issues facing girls in our society. The sessions focus on helping girls to create lives that are productive, responsible, respectful, and encouraged. The sessions teach girls to treat themselves and others with dignity, empower them to become agents of positive change, and educate them on ways to keep safe.

Bullies, Bees, and Boys works with girls grades K-12, as well as having groups for parents of girls and boys of all ages. A separate sequence of sessions is provided based on age and needs of the group.

Girls are placed in groups with those close in age/grade. The number of sessions can be modified to fit the school semester ranging from 12-17 sessions, retaining those subjects most useful to the group.

A partial list of topics discussed is provided. Please call or email for further information.

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Elementary Aged:

- ✓ EMOTIONAL AWARENESS
- ✓ CONNECTING / LISTENING
- ✓ IDENTIFYING STRANGERS
- ✓ STAYING ALONE
- ✓ COMPUTER SAFETY/ CYBERBULLYING
- ✓ CONFIDENCE / BEING YOURSELF
- ✓ DEFINING BEAUTY
- ✓ APOLOGIES
- ✓ GOOD SECRETS / BAD SECRETS
- ✓ BULLIES / SO-CALLED FRIENDS / EXCLUSION
- ✓ FRIGHTENING FEARS
- ✓ SOLVING PROBLEMS

Middle School:

- ✓ MAKING PEACE WITH BODY IMAGE
- ✓ WHEN YOU FEEL DOWN
- ✓ DEALING WITH GUYS
- ✓ SMOKING, DRINKING AND DRUGS
- ✓ THE OVER-SCHEDULED LIFE
- ✓ WHEN PARENTS JUST DON'T GET ALONG
- ✓ LANDING ON YOUR FEET
- ✓ POPULARITY / POWER / EXCLUSION
- ✓ SELF ESTEEM / SELF RESPECT / DIGNITY
- ✓ CULTURES IMPACT
- ✓ BOUNDARIES / REPUTATIONS
- ✓ GOSSIP / BLOGGING / CYBERBULLYING
- ✓ ANGER / CONFLICT RESOLUTION

High School:

- ✓ POPULARITY / POWER / PEER PRESSURE
- ✓ EXCLUSION / BULLYING
- ✓ SELF ESTEEM / SELF RESPECT / DIGNITY
- ✓ BODY IMAGE / APPEARANCE
- ✓ HEALTHY AND ABUSIVE RELATIONSHIPS
- ✓ CULTURES IMPACT
- ✓ BOUNDARIES / REPUTATIONS
- ✓ GOSSIP / BLOGGING / CYBERBULLYING
- ✓ ANGER / CONFLICT RESOLUTION
- ✓ COMMUNICATION
- ✓ SUPPORT NETWORKS

Parents Group

- ✓ UNDERSTANDING YOURSELF - THE PARENT
- ✓ STYLES OF PARENTING
- ✓ THE LOST WORLD OF FEELINGS
- ✓ COMMUNICATING RESPECT AND COURAGE
- ✓ CONSEQUENCES
- ✓ ANGER AND CONFLICT RESOLUTION
- ✓ SELF ESTEEM - HEART AND MIND (YOURS AND HERS)
- ✓ KEEPING HER SAFE
- ✓ BODY IMAGE / APPEARANCE / CULTURES IMPACT
- ✓ BOUNDARIES / REPUTATIONS
- ✓ HELPING HER THROUGH HEARTBREAK
- ✓ TECHNOLOGY - PROS AND CONS
- ✓ COACHING HER THROUGH THE UPS AND DOWNS
- YOU MADE IT THROUGH, SHE CAN TOO